



# St. Ambrose Episcopal Church

June 30, 2024,

The Sixth Sunday after Pentecost

900 Edgewater Blvd  
Foster City, CA 94404

St. Ambrose Episcopal Church  
[office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) - <http://www.stambrosefostercity.org>

## THE LITURGY OF THE WORD

**PRELUDE: Sarabande, from Le Tombeau de Couperin**

**C. Debussy**

**PROCESSIONAL 521 Sing a New Song Unto the Lord**

### Sing a New Song to the Lord 521



1. Sing a new song to the Lord,  
2. Now to the ends of the earth  
3. Sing a new song and re-joice,  
4. Join with the hills and the sea



He to whom won-ders be-long! Re-joice in his  
See his sal-va-tion is shown; And still he re-  
Pub-lish his prais-es a-broad! Let voic-es in  
Thun-ders of praise to pro-long! In judge-ment and



tri-umph and tell of his power, O  
mem-bers his mer-cy and truth, Un-  
cho-rus, with trum-pet and horn, Re-  
jus-tice he comes to the earth, O



sing to the Lord a new song!  
chang-ing in love to his own.  
sound for the joy of the Lord!  
sing to the Lord a new song!

Text: Psalm 98; Timothy Dudley-Smith, b.1926  
Tune: CANTATE DOMINO (ONSTLOW SQUARE), Irregular; David G. Wilson, b.1940  
© 1973, Hope Publishing Co.

### Opening Sentences

**Celebrant:** Blessed be God, Father, Son, and Holy Spirit

**People:** And blessed be his kingdom, now and forever, *Amen.*

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

### Gloria S280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - mighty God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

*Celebrant:* The Lord be with you.

**People:** And also with you.

*Celebrant:* Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## First Lesson Wisdom of Solomon 1:13-15; 2:23-24

God did not make death, And he does not delight in the death of the living. For he created all things so that they might exist; the generative forces of the world are wholesome, and there is no destructive poison in them, and the dominion of Hades is not on earth. For righteousness is immortal.

God created us for incorruption, and made us in the image of his own eternity, but through the devil's envy death entered the world, and those who belong to his company experience it.

*Reader:* The Word of the Lord.

**People:** Thanks be to God.

## Lamentations 3:21-33

This I call to mind,  
and therefore I have hope:  
The steadfast love of the LORD never  
ceases,  
his mercies never come to an end;  
they are new every morning;  
great is your faithfulness.  
"The LORD is my portion," says my  
soul,  
"therefore I will hope in him."  
The LORD is good to those who wait  
for him,  
to the soul that seeks him.

It is good that one should wait quietly  
for the salvation of the LORD.  
It is good for one to bear  
the yoke in youth,  
to sit alone in silence  
when the Lord has imposed it,  
to put one's mouth to the dust  
(there may yet be hope),  
to give one's cheek to the smiter,  
and be filled with insults.  
For the Lord will not  
reject for ever.

Although he causes grief, he will have  
compassion  
according to the abundance of his  
steadfast love;

for he does not willingly afflict  
or grieve anyone.

## **Second Lesson 2 Corinthians 8:7-15**

As you excel in everything-- in faith, in speech, in knowledge, in utmost eagerness, and in our love for you-- so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something-- now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has-- not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

“The one who had much did not have too much,  
and the one who had little did not have too little.”

*Reader:* The Word of the Lord.

*People:* **Thanks be to God**

**Sequence Hymn - Halle, Halle, Halle**

## 259 HALLE, HALLE, HALLE

Hal - le, hal - le, hal - le - lu - jah!

Hal - le, hal - le, hal - le - lu, Hal - le - lu - jah!

Hal - le, hal - le, hal - le - lu - jah! Hal - le -

lu - jah! Hal - le - lu - jah! jah!

lu - jah! Hal - le - lu, hal - le - lu - jah! jah!

lu - jah! Hal - le - lu - jah! jah!

**Holy Gospel Mark 5:21-43**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ.**

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, “My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.” So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

*Deacon:* The Gospel of the Lord.

*People:* Praise to you, Lord Christ.

**Sequence Hymn      Halle, Halle, Halle**

**Sermon**

**Reverend Rebecca Goldberg**

### **THE NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People**

### **Form III**

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest.  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

*Silence*

*The People may add their own petitions.*

*The Celebrant adds a concluding Collect.*

## **CONFESSION AND ABSOLUTION**

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.***

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

*People:* Amen.

## **The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

## **Offertory Hymn:**

**Take my Life, and Let it Be Consecrated, Lord to Thee**

**Words: Frances Havergal**

**Music: John Dykes**

## **Doxology**





God of all power, Ruler of the Universe, you are worthy of glory and praise.

*Glory to you for ever and ever.*

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*By your will they were created and have their being.*

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

*By his blood, he reconciled us.*

*By his wounds, we are healed.*

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

## THE SANCTUS

S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
*We celebrate his death and resurrection,  
as we await the day of his coming.*

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

*Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

## The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## FRACTION ANTHEM S-154

*This setting is not used in Lent.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## Invitation

### SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen**

## COMMUNION HYMN 316 This is the hour of banquet and of song



1 This is the hour of ban - quet and of song;  
2 Too soon we rise; we go our sev - eral ways;  
3 Feast af - ter feast thus comes and pass - es by,



this is the heaven - ly ta - ble spread for me;  
the feast, though not the love, is past and gone,  
yet, pass - ing, points to the glad feast a - bove,



here let me feast, and feast - ing, still pro - long the  
the Bread and Wine con - sumed: yet all our days thou  
giv - ing us fore - taste of the fes - tal joy, the



brief, bright hour of fel - low - ship with thee.  
still art here with us— our Shield and Sun.  
Lamb's great mar - riage feast of bliss and love.

Words: Horatius Bonar (1808-1889), alt. Music: *Canticum refectiois*, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

### Post communion Prayer

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### Announcements

### The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen**

# RECESSIONAL 399 In Christ there is no East or West

399 In Christ There Is No East or West

1. In Christ there is no east or west, In  
2. In Him shall true hearts ev - 'ry - where Their  
3. Join hands then, broth - ers of the faith, What-  
4. In Christ now meet both east and west, In

Him no south or north, But one great fel - low -  
high com - mu - nion find; His ser - vice is the  
e'er your race may be! Who serves my Fa - ther  
Him meet south and north; All Christ - ly souls are

ship of love Through - out the whole wide earth.  
gold - en cord Close - bind - ing all man - kind.  
as a son Is sure - ly kin to me.  
one in Him Through - out the whole wide earth.

African American Heritage Hymnal 399  
Text: Galatians 3:28; John Oxenham, 1592-1941  
Tune (MC KEE, CM): African-American; adapt. by Harry T. Burleigh, 1896-1949

## The Dismsal

### Postlude: Meditation in A minor - G. Schenke

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#### *The Mission of St. Ambrose Church of Foster City*

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

**Worship Leaders:**  
Reverend Rebecca Goldberg  
Frank Saunders, Music Director

**Worship Leader Rota:**  
*Intercessor*  
*Lectors*  
Daniel Tate, Eucharistic Minister  
*Usher*  
Alison LeBlanc, Livestream Technician

## ANNOUNCEMENTS

### Mother Rebecca's office hours

Starting July 1<sup>st</sup>, Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650/291-5289.

### June is LGBTQ Pride month!

June is LGBTQ Pride month! We celebrate with our brothers and sisters, and give thanks for their courage and resilience on the continuing journey to full equality in the Church and in the world.

### Sandwiches on Sunday – June 30th

We will again assemble the sandwiches and brown bags the day before, i.e., June 29th, at the church from 9:00am - 11:00am. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, June 30th, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Daniel Tate (cellular: 650-799-7084, email: [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu))

### Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: [Sign Up Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1) <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### Worship Leaders Needed

Please sign up as a Lector for our 10:00\* am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream

Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: [Sign Up Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

### Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com)

### Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

### Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. We are currently reading David Brooks' 'How to Know a Person...'

If interested, please contact Hamilton Fong. [hfondster@gmail.com](mailto:hfondster@gmail.com)

**Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Renee Sheldon and family, Darren Su, Stephen, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died:*** Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

**The Altar Flowers are given by**

The Altar Guild to the Glory of God

<b>Presider</b>	<b>Date</b>
Reverend Rebecca Goldberg	Sunday, June 30, 2024
Reverend Rebecca Goldberg	Sunday, July 07, 2024
Reverend Rebecca Goldberg	Sunday, July 14, 2024
Reverend Rebecca Goldberg	Sunday, July 21, 2024