

# St. Ambrose Episcopal Church

# September 08, 2024 The Sixteenth Sunday after Pentecost

900 Edgewater Blvd Foster City, CA 94404

(650) 574-1369 - <u>office@stambrosefostercity.org</u> - <u>http://www.stambrosefostercity.org</u>

Priest-In-Charge • pastoral calls and emergencies The Rev. Rebecca Goldberg 650 291-5289

<u>revrebecca@stambrosefostercity.org</u>

### THE LITURGY OF THE WORD

PRELUDE: 6 Pieces on Spanish Folksongs: Preludio

**Enrique Granados** 

PROCESSIONAL 577 Here in Christ we gather, love of Christ our calling



Words: Latin; tr. James Quinn (b. 1919), alt. Copyright © 1969, James Quinn, SJ, printed by permission of Geoffery Chapman, a division of Cassell Ltd. Music: *Ubi caritas (Murray)*, A. Gregory Murray (1905-1992). By permission of A. Gregory Murray.

# **Opening Sentences**

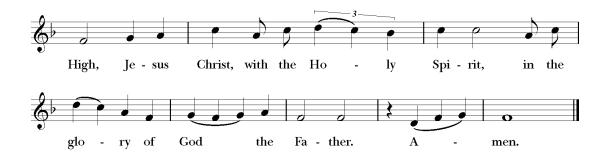
Celebrant: Blessed be God, Father, Son, and Holy Spirit

People: And blessed be his kingdom, now and forever, Amen.

# The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen** 





# The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen** 

### First Lesson Isaiah 35:4-7a

Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.'

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water;

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

#### Psalm 146

### Domine, quis habitabit?

# 1 Hallelujah!

Praise the LORD, O my soul! \*

I will praise the LORD as long as I live;

I will sing praises to my God while I have my being.

- 2 Put not your trust in rulers, nor in any child of earth, \* for there is no help in them.
- 3 When they breathe their last, they return to earth, \* and in that day their thoughts perish.
- 4 Happy are they who have the God of Jacob for their help! \* whose hope is in the LORD their God;
- 5 Who made heaven and earth, the seas, and all that is in them; \* who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed, \* and food to those who hunger.
- 7 The LORD sets the prisoners free; the LORD opens the eyes of the blind; \* the LORD lifts up those who are bowed down;
- 8 The LORD loves the righteous; the LORD cares for the stranger; \* he sustains the orphan and widow, but frustrates the way of the wicked.
- 9 The LORD shall reign for ever, \* your God, O Zion, throughout all generations. Hallelujah!

# Second Lesson James 2:1-10, [11-13], 14-17

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are

convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. [For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.]

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

# Sequence Hymn - H444 Blessed be the God of Israel – verses 1-2



Words: Michael A. Perry (b. 1942), alt.; para. of *The Song of Zechariah*. Copyright © 1973 by Jubilate Hymns (admin. by Hope Publishing Co., Carol Stream, IL 60188). All Rights Reserved. Used by permission. Music: *Thornbury*, Basil Harwood (1859-1949). Published by permission of the Executors of the late Dr. Basil Harwood. Originally composed for the hymn, "Thy hand, O God, has guided."

## Holy Gospel Mark 7:24-37

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sequence Hymn H444 Blessed be the God of Israel – verse 3

Sermon

Reverend Rebecca Goldberg

#### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

# The Prayers of the People

### Form IV

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy *Hear our prayer*.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy *Hear our prayer.* 

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Silence

Lord, in your mercy *Hear our prayer.* 

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy *Hear our prayer.* 

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy *Hear our prayer.* 

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy *Hear our prayer.* 

The Celebrant adds a concluding Collect.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

### The Peace

All stand. The Celebrant says to the people

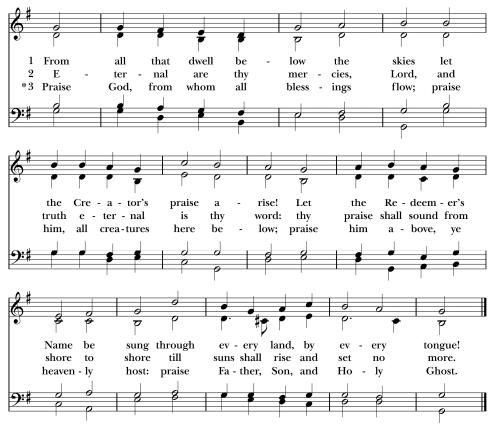
Celebrant: The peace of the Lord be always with you.

People And also with you.

Offertory Hymn: H409 The Spacious Firmament On High

# **Doxology**

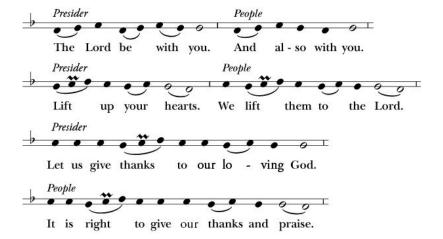
Hymn 380 From All That Dwell Below the Skies



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: Old 100th, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

### THE HOLY COMMUNION

# **Eucharistic Prayer A**



CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. People It is right to give our thanks and praise.

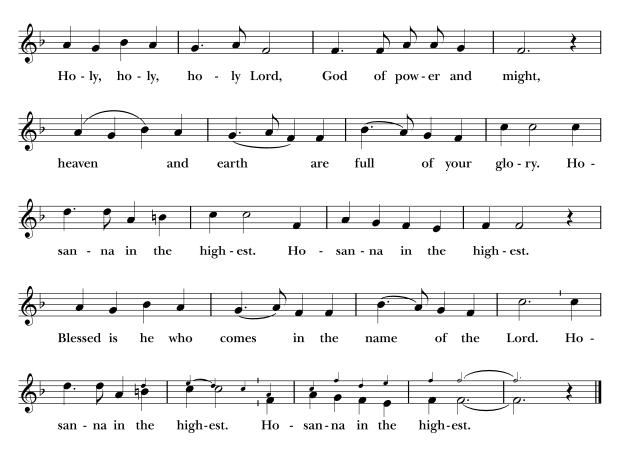
Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### Celebrant and People

#### THE SANCTUS S125



Music: From A Community Mass; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

#### Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

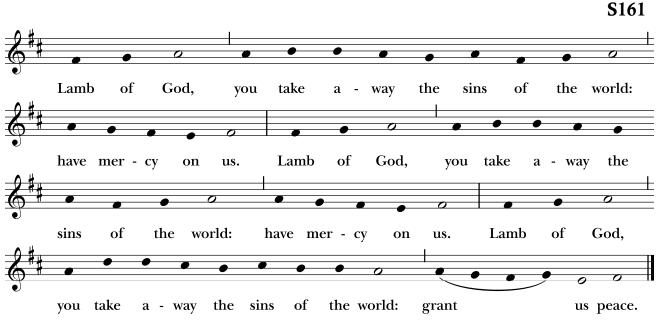
And now, as our Savior Christ has taught us, we are bold to say,

As our Savior Christ has taught us, we now pray,

# The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### FRACTION ANTHEM S-161



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

#### Invitation

### **SPIRITUAL COMMUNION**

(Those watching at home, may, if they wish, say this prayer during the time of Communion.) In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessings for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

### **COMMUNION HYMN**

### 815 You Satisfy the Hungry Heart





# Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

#### **Announcements**

# The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen** 

# RECESSIONAL 609 Where Cross the crowded the Ways of Life



Words: Frank Mason North (1850-1935), alt. Music: Gardiner, from Sacred Melodies, 1815; arr. William Gardiner (1770-1853).

### The Dismissal

# Postlude: Organ Improvisation

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### The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

# **Worship Leaders:**

Reverend Rebecca Goldberg Amanda Yuxin Dai, Music Director

# **Worship Leader Rota:**

Intercessor
Eugene Hetzer, Lector
Eucharistic Minister
Usher
Alison LeBlanc, Livestream Technician

# **ANNOUNCEMENTS**

### **Mother Rebecca's office hours**

Starting July 1<sup>st</sup>, Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289 revrebecca@stambrosefostercity.org

#### Welcome back students

Sea Breeze School welcomed back their students to the campus on August 19. Please keep the teachers, children and families in your prayers. We are so thankful for the wonderful ministry they provide in the community!

#### **Coffee Hour**

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

#### **Worship Leaders Needed**

Please sign up as a Lector for our 10:00\* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link <a href="https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship">https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship</a>

#### Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber <u>raphaele.gerber@gmail.com</u> and Kay Ballantyne is <u>rose466@earthlink.net</u>

#### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

#### **Bible Study**

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a> or Warren Wong at <a href="https://www.upcommons.org/

#### **Contemplative Meditation**

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. We are currently reading David Brooks' 'How to Know a Person...'

If interested, please contact Hamilton Fong. <a href="mailto:hfongster@gmail.com">hfongster@gmail.com</a>

<sup>\*</sup>No 8:30am service at this time

#### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a>

<u>Prayer list:</u> We pray especially for Renee Sheldon and family, Darren Su, Stephen, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

*For those who have died*: Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

### The Altar Flowers are given by

The Altar Guild to the Glory of God

#### **Birthdays and Anniversaries**

Happy Birthday to: Shaiji Ajit, Bill Bradford, Mary Bradford

Happy Anniversary to: Suzanne and Henri Tjandra, and Shaiji and Phillip Ajit

#### **Next Week's Scripture Lessons**

Isaiah 50:4-9a Psalm 116:1-8 James 3:1-12 Mark 8:27-38

Presider	Date
Reverend Rebecca Goldberg	Sunday. September 08. 2024
Reverend Rebecca Goldberg	Sunday. September 15. 2024
Reverend Rebecca Goldberg	Sunday. September 22. 2024
Reverend Rebecca Goldberg	Sunday. September 29. 2024