

# St. Ambrose Episcopal Church

# September 15, 2024 The Seventeenth Sunday after Pentecost

900 Edgewater Blvd Foster City, CA 94404 (650) 574-1369 - <u>office@stambrosefostercity.org</u> - <u>http://www.stambrosefostercity.org</u>

Priest-In-Charge • pastoral calls and emergencies The Rev. Rebecca Goldberg 650 291-5289

<u>revrebecca@stambrosefostercity.org</u>

### THE LITURGY OF THE WORD

PRELUDE: Ach bleib bei uns, Herr Jesu Christ, BWV 253 S.Bach PROCESSIONAL 448 O love, how deep, how broad, how high



Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: *Deus tuorum militum*, from *Antiphoner*, 1753; adapt. *The English Hymnal*, 1906, alt.; harm. after Basil Harwood (1859-1949).

### **Opening Sentences**

Celebrant: Blessed be God, Father, Son, and Holy Spirit

People: And blessed be his kingdom, now and forever, Amen.

### The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen** 



### The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen** 

### First Lesson Isaiah 50:4-9a

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word.

Morning by morning he wakens-- wakens my ear to listen as those who are taught.

The Lord God has opened my ear, and I was not rebellious, I did not turn backward.

I gave my back to those who struck me, and my cheeks to those who pulled out the beard;

I did not hide my face from insult and spitting.

The Lord God helps me; therefore I have not been disgraced;

therefore I have set my face like flint, and I know that I shall not be put to shame;

he who vindicates me is near.

Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

*Reader*: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

### Psalm 116:1-8

### Dilexi, quoniam

- 1 I love the Lord, because he has heard the voice of my supplication, \* because he has inclined his ear to me whenever I called upon him.
- 2 The cords of death entangled me; the grip of the grave took hold of me; \* I came to grief and sorrow.
- 3 Then I called upon the Name of the Lord: \*
  "O Lord, I pray you, save my life."
- 4 Gracious is the Lord and righteous; \* our God is full of compassion.

5 The Lord watches over the innocent; \* I was brought very low, and he helped me.

6 Turn again to your rest, O my soul, \* for the Lord has treated you well.

7 For you have rescued my life from death, \* my eyes from tears, and my feet from stumbling.

8 I will walk in the presence of the Lord \* in the land of the living.

### Second Lesson James 3:1-12

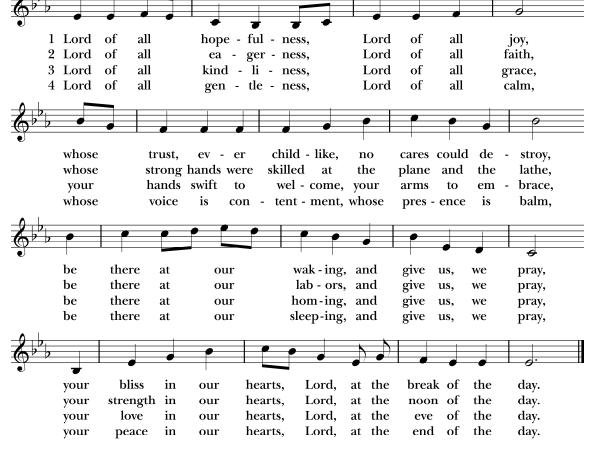
Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

*Reader*: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Sequence Hymn - H482 Lord of all hopefulness, Lord of all joy verses 1-2



Words: Jan Struther (1901-1953). By permission of Oxford University Press. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*,1927; harm. *Hymnal* 1982.

### Holy Gospel Mark 8:27-38

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake

of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sequence Hymn H482 Lord of all hopefulness, Lord of all joy verse 3-4

Sermon

Reverend Rebecca Goldberg

### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

### Form IV

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy *Hear our prayer.* 

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy *Hear our prayer*.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy *Hear our prayer.* 

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy *Hear our prayer.* 

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy *Hear our prayer*.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy *Hear our prayer.* 

The Celebrant adds a concluding Collect.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

### The Peace

All stand. The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.

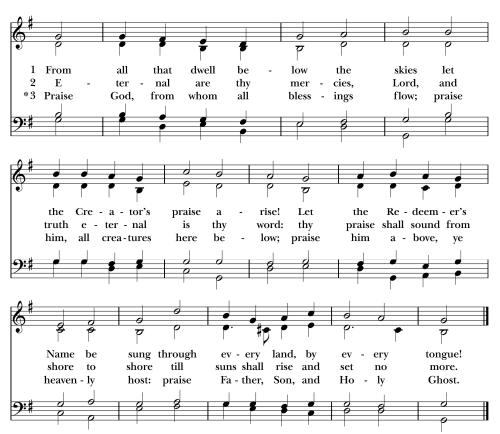
People And also with you.

# Offertory Hymn:

I Love Thy Kingdom, Lord - Hymn Tune by: "St. Thomas" AaronWilliams 1770, arranged by Robert Chambers

# **Doxology**

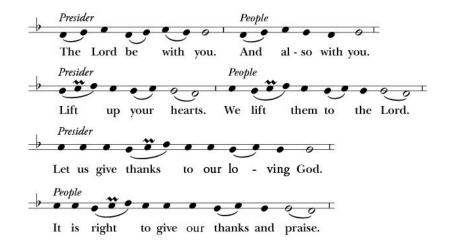
Hymn 380 From All That Dwell Below the Skies



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: Old 100th, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

### THE HOLY COMMUNION

### **Eucharistic Prayer A**



*Celebrant* The Lord be with you. *People* And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. People It is right to give our thanks and praise.

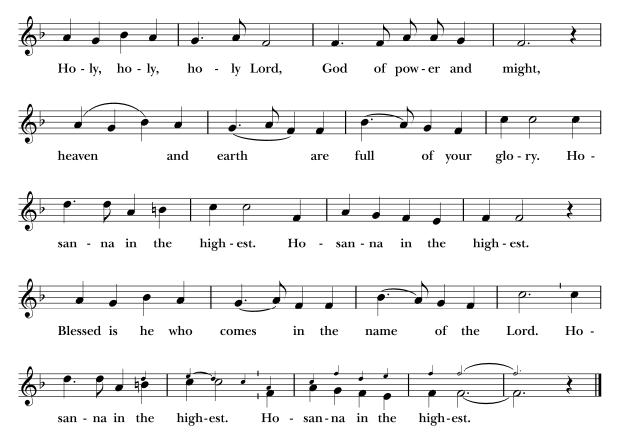
Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

### THE SANCTUS \$125



Music: From A Community Mass; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

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### Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

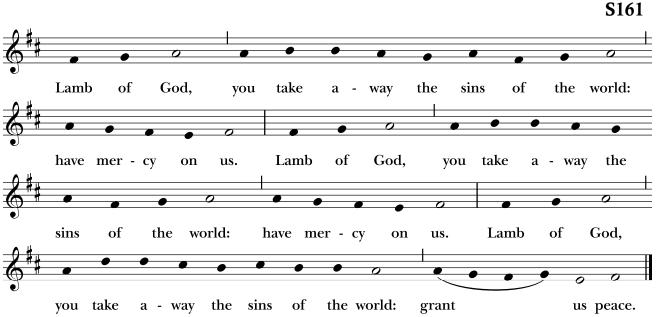
And now, as our Savior Christ has taught us, we are bold to say,

As our Savior Christ has taught us, we now pray,

### The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### FRACTION ANTHEM S-161



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

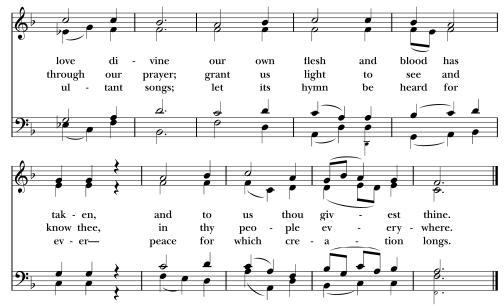
### **Invitation**

### **SPIRITUAL COMMUNION**

(Those watching at home, may, if they wish, say this prayer during the time of Communion.) In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessings for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

### **COMMUNION HYMN**





Words: John Henry Hopkins, Jr. (1861-1945) and Charles P. Price (1920-1999). Sts. 2-3, Copyright © 1982, Charles P. Price. Music: *Werde munter*, Johann Schop (d. 1665?); arr. and harm. Johann Sebastian Bach (1685-1750).

### **Post communion Prayer**

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

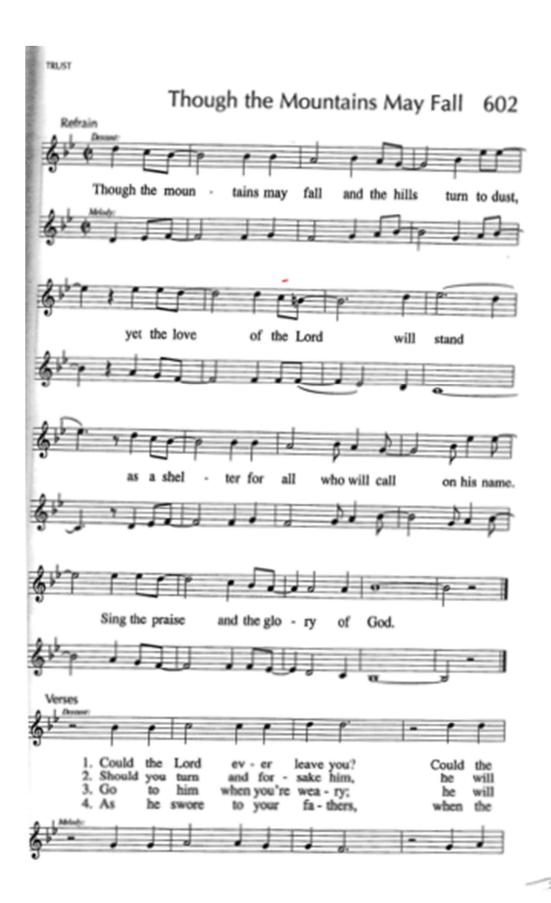
### **Announcements**

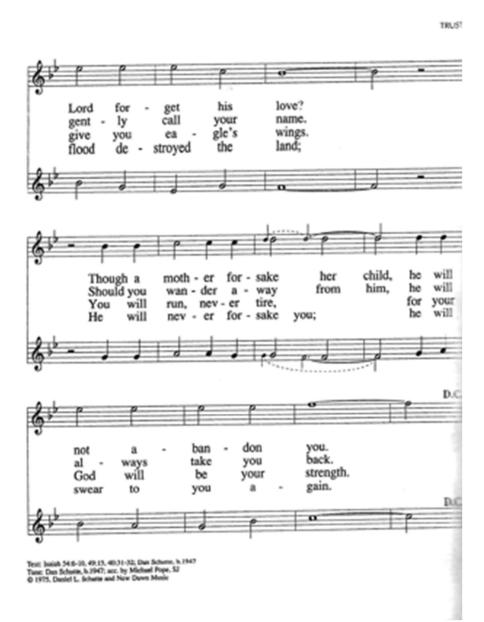
# The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen** 

### RECESSIONAL 602 Though the Mountains May Fall





### The Dismissal

### Postlude: Organ Improvisation

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### The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

### **Worship Leaders:**

Reverend Rebecca Goldberg Amanda Yuxin Dai, Music Director

### **Worship Leader Rota:**

Jim Neubert, Intercessor Suzanne Canada, Dulce Lord/Lectors Chaplain Daniel Tate, Eucharistic Minister Jim Neubert, Usher Alison LeBlanc, Livestream Technician

### **ANNOUNCEMENTS**

### **Diocesan Strategic Visioning Process Listening Session- Sept 16**

On **Monday, Sept 16**, a team from the Diocese, including Bishop Austin Rios, will be convening a gathering here at St. Ambrose to give folks an opportunity to reflect on our hopes, dreams, and visions for ministry in Christ's name in our Diocese. There will be a presentation on the visioning process, and then we will have the opportunity to meet in smaller groups with people from all over our Diocese to share our ideas and make connections. There is no cost, and the event will run from 6:30-8:30 p.m. Food will be provided. If you are interested, please let me know so we can finalize the headcount. Also, if you are available to help set up tables and chairs and otherwise prepare for our guests, please let Mother Rebecca or Hamilton know.

### Concerts at St. Ambrose

We are pleased to announce that in the upcoming weeks we will hosting 2 concerts, the first on Saturday, **September 28** at 3:30 p.m., featuring our own Hamilton Fong, who will perform a series of vocal selections, and the second on Saturday, **October 5** at 3:30, featuring our music director, Amanda Dai on piano, and Jeffrey Li on cello. The cost of both concerts is \$20.00, and the proceeds will benefit the ministry of the church.

#### Sandwiches on Sunday – September 29th

Come join us! We will again assemble the sandwiches and brown bag lunches the day before, Saturday, September 28th, at the church from 9:00am - 11:00am. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, September 29th, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Daniel Tate (cellular: 650-799-7084, email: <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a>)

### Feast of St. Francis October 6

We will be celebrating the life of St. Francis of Assisi at our 10:00 liturgy. Together, we will learn about Francis and his influence on the Church and its ministry. At the end of the service, we will offer blessings to our furry (or not furry) animal companions. And at 2:00 pm., Mother Rebecca and a team of other volunteers will be at the Foster City Dog Park to share the blessings of St. Francis there. If you would like to come and be part of this, please see Mother Rebecca.

### **Mother Rebecca Time Away**

Mother Rebecca will be away at the annual Clergy Retreat at the Bishop's Ranch from Wednesday, 9/25 through Friday, 9/27. In case of emergency, she will be available by text or phone at 650/291-5289.

#### **Mother Rebecca's office hours**

Starting July 1<sup>st</sup>, Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289 revrebecca@stambrosefostercity.org

#### **Coffee Hour**

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

### **Worship Leaders Needed**

Please sign up as a Lector for our 10:00\* am Eucharist by emailing <a href="mailto:office@stambrosefostercity.org">office@stambrosefostercity.org</a> or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at <a href="mailto:office@stambrosefostercity.org">office@stambrosefostercity.org</a> or use the following link to signup: <a href="mailto:Signup@signupgenius.com/go/60B0D4FA5A82CA0F94-worship">Signup@signupgenius.com/go/60B0D4FA5A82CA0F94-worship</a>

#### **Sunday School 10 AM**

Sunday school is at 10:00am every week Please contact Raphael Gerber <u>raphaele.gerber@gmail.com</u> and Kay Ballantyne is <u>rose466@earthlink.net</u>

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Bible Study**

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a> or Warren Wong at <a href="https://www.uwong@nd.edu">www.uwong@nd.edu</a>

### **Contemplative Meditation**

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. We are currently reading David Brooks' 'How to Know a Person...' If interested, please contact Hamilton Fong. hfongster@gmail.com

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a>

<u>Prayer list:</u> We pray especially for Renee Sheldon and family, Darren Su, Stephen, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

*For those who have died*: Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

#### The Altar Flowers are donated by

Anita and Robert Richards: In loving memory or Gillian Richards – September 16

#### **Birthdays**

September 15 -Charlene Adolph, Kyn Dellinger, Dulce Lord September 17- Christina Rodriguez September 21 – April Cherrington

### **Anniversary**

September 17 - Scott Chang and Judy Chen

<sup>\*</sup>No 8:30am service at this time

# Next Week's Scripture Lessons

Jeremiah 11:18-20 Psalm 54 James 3:13-4:3, 7-8a Mark 9:30-37

Presider	Date
Reverend Rebecca Goldberg	Sunday. September 15. 2024
Reverend Rebecca Goldberg	Sunday. September 22. 2024
Reverend Rebecca Goldberg	Sunday. September 29. 2024
Reverend Rebecca Goldberg	Sunday. October 05. 2024