

St. Ambrose Episcopal Church

September 29, 2024 The Nineteenth Sunday after Pentecost

900 Edgewater Blvd Foster City, CA 94404

(650) 574-1369 - <u>office@stambrosefostercity.org</u> - <u>http://www.stambrosefostercity.org</u>

Priest-In-Charge • pastoral calls and emergencies The Rev. Rebecca Goldberg 650 291-5289

<u>revrebecca@stambrosefostercity.org</u>

THE LITURGY OF THE WORD

PRELUDE: 6 Pieces on Spanish Folksongs

Enrique Granados

PROCESSIONAL #375 Give praise and glory unto God



Words: Johann Jacob Schütz (1640-1690); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. Copyright © The Church Pension Fund. Music: *Du Lebensbrot Herr Jesu Christ*, Peter Sohren (1630?-1692?); adapt. Johann Anastasius Freylinghausen (1670-1739), alt.

Opening Sentences

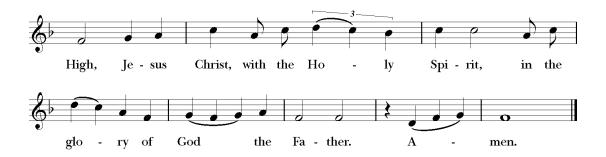
Celebrant: Blessed be God, Father, Son, and Holy Spirit

People: And blessed be his kingdom, now and forever, Amen.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**





The Collect of the Day

Celebrant: The Lord be with you..

People: And also with you.

Celebrant: Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**

First Lesson Numbers 11:4-6,10-16,24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at."

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, 'Carry them in your bosom, as a nurse carries a sucking child,' to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, 'Give us meat to eat!' I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery."

So the Lord said to Moses, "Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you."

So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit on them!"

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 19:7-14

Caeli enarrant

- 7 The law of the LORD is perfect and revives the soul; * the testimony of the LORD is sure and gives wisdom to the innocent.
- 8 The statutes of the LORD are just and rejoice the heart; * the commandment of the LORD is clear and gives light to the eyes.
- 9 The fear of the LORD is clean and endures for ever; * the judgments of the LORD are true and righteous altogether.
- 10 More to be desired are they than gold, more than much fine gold, * sweeter far than honey, than honey in the comb.

- 11 By them also is your servant enlightened, * and in keeping them there is great reward.
- 12 Who can tell how often he offends?

 *
 cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins; let them not get dominion over me; * then shall I be whole and sound, and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, * O LORD, my strength and my redeemer.

Second Lesson James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Sequence Hymn - #533 How wondrous and great thy works, God of praise verse 1



Words: Henry Ustick Onderdonk (1759-1858), alt.; para. *The Song of the Redeemed*. Music: *Lyons*, att. Johann Michael Haydn (1737-1806).

Holy Gospel Mark 9:38-50

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

"If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

"For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Sequence Hymn #533 How wondrous and great thy works, God of praise Verse 2

Sermon

Reverend Rebecca Goldberg

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Eather

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form IV

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy *Hear our prayer*.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy *Hear our prayer*.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy *Hear our prayer*.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy *Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy *Hear our prayer*.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy *Hear our prayer.*

The Celebrant adds a concluding Collect.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace

All stand. The Celebrant says to the people

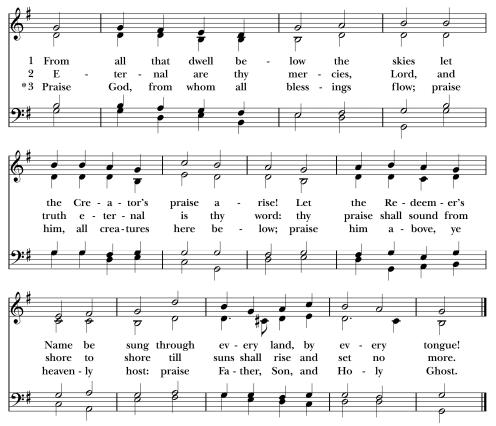
Celebrant: The peace of the Lord be always with you.

People And also with you.

Offertory Hymn: Immortal, Invisible - Hymn-tune "St. Denio" (Welsh) arranged by Robert Chambers

Doxology

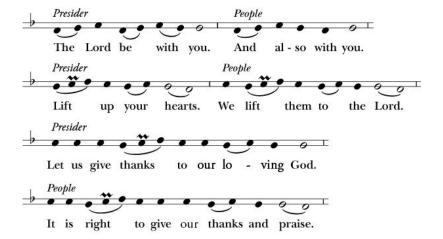
Hymn 380 From All That Dwell Below the Skies



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: Old 100th, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

Eucharistic Prayer A



CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.Page 16We lift them to the Lord

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

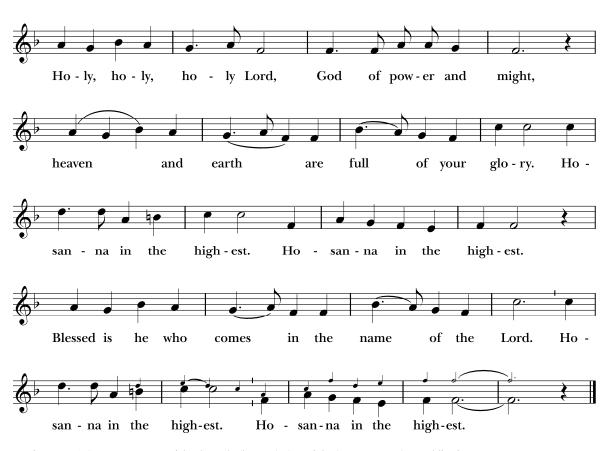
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

THE SANCTUS

THE SANCTUS S125



Music: From A Community Mass; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

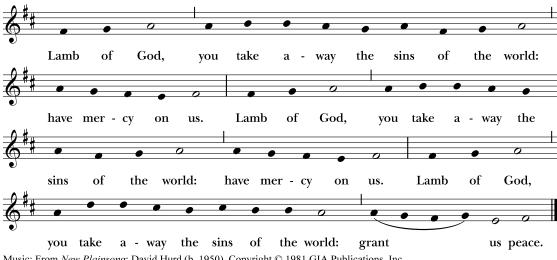
And now, as our Savior Christ has taught us, we are bold to say,

As our Savior Christ has taught us, we now pray,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM S161

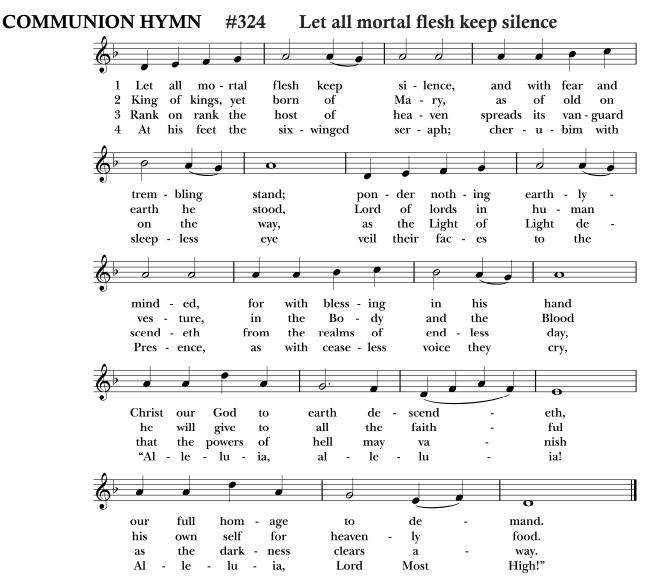


Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Invitation

SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.) In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessings for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen



Words: Liturgy of St. James; para. Gerard Moultrie (1829-1885). Music: *Picardy*, French carol, 17th cent.; melody from *Chansons populaires des Provinces de France*, 1860; harm. after *The English Hymnal*, 1906.

Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements

The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you

and remain with you always. **Amen**

RECESSIONAL #616 Hail to the Lord's Anointed



Words: James Montgomery (1771-1854); para. of Psalm 72. Music: Es flog ein kleins Waldvögelein, German folk song; adapt. and harm. A Student's Hymnal, 1923, after Henry Walford Davies (1869-1941).

The Dismissal

Postlude: Ave Maria

Franz Schubert

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

Reverend Rebecca Goldberg Amanda Yuxin Dai, Music Director

Worship Leader Rota:

Intercessor
Eugene Hetzer, Lector
Chaplain Daniel Tate, Eucharistic Minister
Usher
Alison LeBlanc, Livestream Technician

Next Week's Scripture Lessons

Genesis 2:18-24 Psalm 8 Hebrews 1:1-4; 2:5-12 Mark 10:2-16

Presider	Date
Reverend Rebecca Goldberg	Sunday. September 29. 2024
Reverend Rebecca Goldberg	Sunday. October 05, 2024
Reverend Rebecca Goldberg	Sunday. October 12, 2024
Reverend Rebecca Goldberg	Sunday. October 19, 2024

ANNOUNCEMENTS

Questionable Text/Emails

There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

Concerts at St. Ambrose

We are pleased to announce that on October 5 at 3:30pm, we will be hosting a concert featuring our music director, Amanda Dai on piano, and Jeffrey Li on cello. The cost of the concert is \$20.00, and the proceeds will benefit the ministry of the church.

Sandwiches on Sunday – September 29th

Come join us! We will again assemble the sandwiches and brown bag lunches the day before, Saturday, September 28th, at the church from 9:00am - 11:00am. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, September 29th, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Daniel Tate (cellular: 650-799-7084, email: dtate@ses.cdsp.edu)

Feast of St. Francis October 6

We will be celebrating the life of St. Francis of Assisi at our 10:00 liturgy. Together, we will learn about Francis and his influence on the Church and its ministry. At the end of the service, we will offer blessings for our furry (or not furry) animal companions. And from 2:00- 4:00 pm., Mother Rebecca and a team of other volunteers will be at the Foster City Dog Park to share the blessings of St. Francis there. If you would like to come and be part of this, please see Mother Rebecca.

Mother Rebecca's office hours

Starting July 1st, Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289 revrebecca@stambrosefostercity.org

Coffee Hour

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber raphaele.gerber@gmail.com and Kay Ballantyne is rose466@earthlink.net

^{*}No 8:30am service at this time

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu or Warren Wong at www.uwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. We are currently reading David Brooks' 'How to Know a Person...'

If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

<u>Prayer list:</u> We pray especially for Renee Sheldon and family, Darren Su, Stephen, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

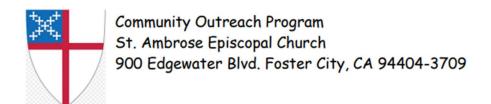
For those who have died: Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner [Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

The Altar Flowers are given by

The Altar Guild to the Glory of God

Birthdays and Anniversaries

September 30th:
Birthday – Eunice Chee
Anniversary - Raphaele and Jacques Gerber



Bring Your Pets & Celebrate The Feast of St. Francis of Assisi

Blessing of the Animals

Sunday, Oct 6, 2024, 2-4 pm

Foster City Dog Park

(Near the Boat Launch at Foster City Blvd. & Bounty Dr.)





In the spirit of St. Francis, the patron saint of animals and ecology, bring your favorite furry or non-furry friends for a blessing! It's a tradition that dates back centuries to harvest time when farmers gave thanks for their animals and brought them to be blessed.

We give thanks for all creatures great and small.

We are happy to announce that this year, St. Ambrose will be joined by volunteers from Muttville! Donations received at the Dog Park will support Muttville Senior Dog Rescue in San Francisco.