



*St. Ambrose Episcopal Church*  
*November 10, 2024*  
*The Twenty-Fifth Sunday after Pentecost*

900 Edgewater Blvd  
 Foster City, CA 94404

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 Priest-In-Charge • *pastoral calls and emergencies* The Rev. Rebecca Goldberg 650 291-5289  
[revrebecca@stambrosefostercity.org](mailto:revrebecca@stambrosefostercity.org)

**THE LITURGY OF THE WORD**

**PRELUDE: Songs Without Words Op. 38, No.2**

**Felix Mendelssohn**

**PROCESSIONAL 537 Sing A New Song**

**Sing a New Song**

Refrain

Sing a new song un - to the Lord; let your song be  
 sung from moun - tains high. Sing a new song  
 un - to the Lord, sing-ing al - le - lu - ia.

Verses

1. Shout with glad - ness! Dance for joy! O come be -  
 2. Rise, O chil - dren, from your sleep; your Sav - ior  
 3. Glad my soul for I have seen the glo - ry  
 fore the Lord. And play for God on  
 now has come. & He has turned your  
 of the Lord. The trum - pet sounds; the  
 glad tam - bou - rines, and let your trum - pet sound.  
 sor - row to joy, and filled your soul with song.  
 dead shall be raised. I know my Sav - ior lives.

Text: Psalm 98; Dan Schutte, b.1947  
 Tune: Dan Schutte, b.1947  
 © 1972, 1974, OCP

## Opening Sentences

*Celebrant:* Blessed be God, Father, Son, and Holy Spirit

*People:* **And blessed be his kingdom, now and forever, Amen.**

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

### Gloria S280



1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most



## The Collect of the Day

*Celebrant:* The Lord be with you..

*People:* **And also with you.**

*Celebrant:* Let us pray.

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**

## First Lesson 1 Kings 17:8-16

The word of the Lord came to Elijah, saying, “Go now to Zarephath, which belongs to Sidon, and live there; for I have commanded a widow there to feed you.” So he set out and went to Zarephath. When he came to the gate of the town, a widow was there gathering sticks; he called to her and said, “Bring me a little water in a vessel, so that I may drink.” As she was going to bring it, he called to her and said, “Bring me a morsel of bread in your hand.” But she said, “As the Lord your God lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a jug; I am now gathering a couple of sticks, so that I may go home and prepare it for myself and my son, that we may eat it, and die.” Elijah said to her, “Do not be afraid; go and do as you have said; but first make me a little cake of it and bring it to me, and afterwards make something for yourself and your son. For thus says the Lord the God of Israel: The jar of meal will not be emptied and the jug of oil will not fail until the day that the Lord sends rain on the earth.” She went and did as Elijah said, so that she as well as he and her household ate for many days. The jar of meal was not emptied, neither did the jug of oil fail, according to the word of the Lord that he spoke by Elijah.

*Reader:* Hear what the Spirit is saying to God’s people.

*People:* **Thanks be to God.**

## Psalm 146

### *Lauda, anima mea*

- |   |   |
|---|---|
| <p>1 Hallelujah!<br/>Praise the LORD, O my soul! *<br/>I will praise the LORD as long as I live;<br/>I will sing praises to my God while I<br/>have my being.</p> <p>2 Put not your trust in rulers, nor in any<br/>child of earth, *<br/>for there is no help in them.</p> <p>3 When they breathe their last, they return to<br/>earth, *<br/>and in that day their thoughts perish.</p> <p>4 Happy are they who have the God of<br/>Jacob for their help! *<br/>whose hope is in the LORD their God;</p> <p>5 Who made heaven and earth, the seas, and<br/>all that is in them; *<br/>who keeps his promise for ever;</p> | <p>6 Who gives justice to those who are<br/>oppressed, *<br/>and food to those who hunger.</p> <p>7 The LORD sets the prisoners free;<br/>the LORD opens the eyes of the blind; *<br/>the LORD lifts up those who are bowed<br/>down;</p> <p>8 The LORD loves the righteous;<br/>the LORD cares for the stranger; *<br/>he sustains the orphan and widow,<br/>but frustrates the way of the wicked.</p> <p>9 The LORD shall reign for ever, *<br/>your God, O Zion, throughout all<br/>generations.<br/>Hallelujah!</p> |
|---|---|

## Second Lesson Hebrews 9:24-28

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

*Reader:* Hear what the Spirit is saying to God's people.

*People:* **Thanks be to God**

**Sequence Hymn #410 Praise, My Soul the King of Heaven** *verses 1-2*

## #410 Praise, My Soul the King of Heaven *verses 1-2*

*Unison or harmony*

1 Praise, my soul, the King of hea - ven; to his feet thy tri - bute bring;  
 2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;  
 3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;  
 4 An - gels, help us to a - dore him; ye be - hold him face to face;

ran - sored, healed, re - stored, for - giv - en, ev - er - more his prais - es sing;  
 praise him still the same as ev - er, slow to chide, and swift to bless:  
 in his hand he gen - tly bears us, res - cues us from all our foes.  
 sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.  
 Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.  
 Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.  
 Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

*Descant for use with unison singing*

4 An - gels, help us to a - dore him; ye be - hold him face to face;

sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

Words: Henry Francis Lyte (1793-1847). Music: *Lauda anima*, John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971).  
 Descant by permission of Novello and Company, Limited.

Holy Gospel Mark 12:38-44

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ.**

As Jesus taught, he said, “Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honor at banquets! They devour widows’ houses and for the sake of appearance say long prayers. They will receive the greater condemnation.”

He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, “Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on.”

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

**Sequence Hymn #410 Praise, My Soul the King of Heaven *verse 3***

**Sermon**

**Reverend Rebecca Goldberg**

**THE NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will  
have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from  
the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People**

### **Form IV**

*Deacon or other leader*

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

*The Celebrant adds a concluding Collect.*

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Bishop, when present, or the Priest, stands and says*



Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## The Peace

*All stand. The Celebrant says to the people*

*Celebrant:* The peace of the Lord be always with you.

*People* **And also with you.**

## Offertory Hymn: All hail the power of Jesus' Name - Hymnal 1982 # 451

## Doxology

### Hymn 380 From All That Dwell Below the Skies Verse 3

1 From all that dwell be - low the skies let  
 2 E - ter - nal are thy mer - cies, Lord, and  
 \*3 Praise God, from whom all bless - ings flow; praise

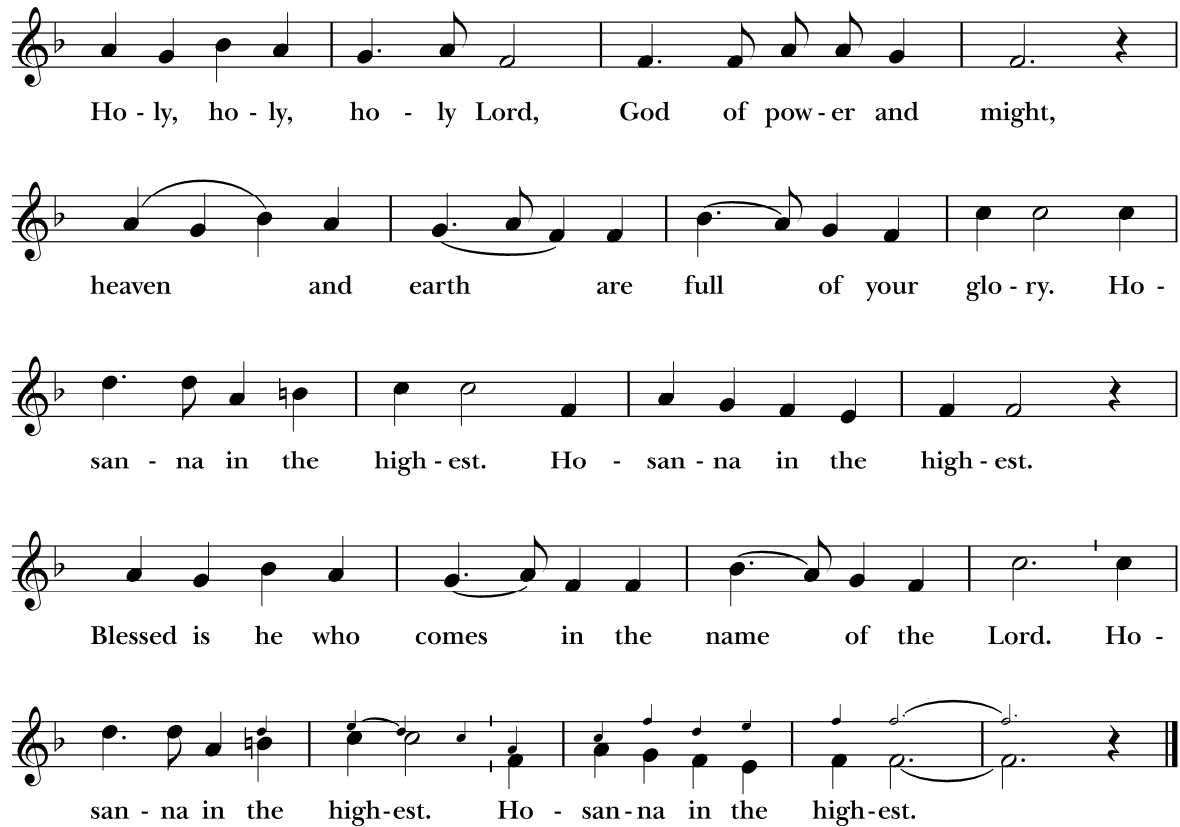
the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
 truth e - ter - nal is thy word: thy praise shall sound from  
 him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!  
 shore to shore till suns shall rise and set no more.  
 heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).



## THE SANCTUS S125



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

### *Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks

to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.  
Christ is risen.  
Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

**The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## FRACTION ANTHEM S161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## Invitation

### SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessings for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen**

### COMMUNION HYMN

## #313 Let Thy Blood in Mercy Poured

1 Let thy Blood in mer - cy poured, let thy gra - cious  
 2 Thou didst die that I might live; bless - ed Lord, thou  
 3 By the thorns that crowned thy brow, by the spear-wound  
 4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,  
 cam'st to save me; all that love of God could give  
 and the nail - ing, by the pain and death, I now  
 tence I give thee; thou art my ex - alt - ed King,

*Refrain*  
 of thy bound-less love the to - ken.  
 Jes - us by his sor - rows gave me. Thou didst give thy -  
 claim, O Christ, thy love un - fail - ing.  
 of thy match-less love for - give me.

self for me, now I give my - self to thee.

Words: Greek; tr. John Brownlie (1859-1925). Music: *Jesus, meine Zuversicht*, melody Johann Cruger (1598-1662); harm. after *The Chorale Book for England*, 1863.

## Post communion Prayer

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## Announcements

### The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen**

## RECESSIONAL # 432 O Praise Ye the Lord

1 O praise ye the Lord! Praise him in the height;  
 2 O praise ye the Lord! Praise him up - on earth;  
 \*3 O praise ye the Lord! All things that give sound;  
 4 O praise ye the Lord! Thanks - giv - ing and song

re - joice in his word, ye an - gels of light;  
 in tune - ful ac - cord, all ye of new birth;  
 each ju - bi - lant chord re - ech - o a - round;  
 to him be out - poured all a - ges a - long!

ye hea - vens, a - dore him by whom ye were made,  
 praise him who hath brought you his grace from a - bove,  
 loud or - gans, his glo - ry forth tell in deep tone,  
 For love in cre - a - tion, for hea - ven re - stored,

and wor - ship be - fore him, in bright - ness ar - rayed.  
 praise him who hath taught you to sing of his love.  
 and sweet harp, the sto - ry of what he hath done.  
 for grace of sal - va - tion, O praise ye the Lord!

Words: Henry Williams Baker (1821-1877), alt.; based on Psalms 148 and 150. Music: *Laudate Dominum*, Charles Hubert Hastings Parry (1848-1918).

## THE DISMISSAL

### POSTLUDE Organ Improvisation

*All music reprinted with permission—One License # A—72047*

**The Mission of St. Ambrose Church of Foster City**

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

**Worship Leaders:**

Reverend Rebecca Goldberg  
Amanda Yuxin Dai, Music Director

**Worship Leader Rota:**

*Intercessor*  
*Alison LeBlanc, Lectors*  
*Eucharistic Minister*  
*Usher*  
*Livestream Technician*

**Next Week's Scripture Lessons**

Daniel 12:1-3  
Psalm 16  
Hebrews 10:11-14 (15-18) 19-25  
Mark 13:1-8

<b>Presider</b>	<b>Date</b>
Reverend Rebecca Goldberg	Sunday. November 10, 2024
Reverend Rebecca Goldberg	Sunday. November 17, 2024
Reverend Rebecca Goldberg	Sunday. November 24, 2024
Reverend Rebecca Goldberg	Sunday. December 01, 2024



## ANNOUNCEMENTS

### 2025 Stewardship Campaign

Stewardship is a year-round Christian spiritual practice, growing out of the understanding that all that we have is a gift from God, and that we are called to offer it back to God in gratitude and praise. However, this is the season when we prayerfully focus on developing our budget and programs for the coming year. You will be receiving a letter and pledge card within the next week or so, and you are asked to prayerfully consider what you can offer of your time, talent, and treasure to further God's work in the world through St. Ambrose. We will have folks from the congregation sharing their thoughts about stewardship, and there will be an ingathering celebration and potluck on Sunday, November 24. Thank you for your generosity!

### New Presiding Bishop, Rev. Sean Rowe

Congratulations and welcome to the Most Rev. Sean Rowe, the new Presiding Bishop of the Episcopal Church, whose investiture was Nov. 2. You can watch the service in its entirety on YouTube; simply search under Presiding Bishop Installation. Please keep him, his family and our wider church family in your prayers! We give thanks for the inspiring ministry and service of the outgoing Presiding Bishop, the Most Rev. Michael Curry.

### Urgent Help needed for hurricane relief.

Episcopal relief and Development is asking for our donations to help the victims of the devastating hurricanes in North Carolina and Florida. You can make donations directly on their website, and the link is listed below. Or you can make a check payable to St. Ambrose and reference "hurricane relief" in the memo. Please see the letter from our Bishop, and keep the people of these areas in your prayers. Thank you for your generosity!  
<https://support.episcopalrelief.org/hurricane-relief/> (link for Episcopal Relief and Development)

### Questionable Text/Emails

There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

### Mother Rebecca's office hours

Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289  
[revrebecca@stambrosefostercity.org](mailto:revrebecca@stambrosefostercity.org)

### Coffee Hour

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: [Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1)

### **Worship Leaders Needed**

Please sign up as a Lector for our 10:00\* am Eucharist by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

### **Sunday School 10 AM**

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com) and Kay Ballantyne is [rose466@earthlink.net](mailto:rose466@earthlink.net)

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Bible Study**

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

### **Contemplative Meditation**

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. We are currently reading David Brooks' 'How to Know a Person...'  
If interested, please contact Hamilton Fong. [hfongster@gmail.com](mailto:hfangster@gmail.com)

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Renee Sheldon and family, Darren Su, Stephen, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died:*** Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

### **The Altar Flowers are given by**

The Altar Guild to the Glory of God

### **Birthdays**

Veronica Rutledge – November 11

Eddie Avakoff – November 14

### **Anniversaries**

Reena Davis & Tarumpreet Ubhi – November 10